

GETTING STARTED WITH CCSS

(COMPREHENSIVE COMMUNITY SUPPORT SERVICES)

At The Community Lighthouse, we offer Comprehensive Community Support Services (CCSS) to help families and individuals overcome challenges and thrive. CCSS provides tailored support for children, teens, adults, and families facing behavioral, emotional, and daily living difficulties. This flyer provides an overview of CCSS, explaining who can join, the services we offer, how the process works, and the benefits for your family.

OUR SERVICES:

- **Independent Living:** Help with daily activities, job support, a and money management. We also help kids and teen learn to be more independent.
- **Learning:** Help with schoolwork, attendance, and building good study habits.
- **Working:** We help teens get ready for jobs and help parents find and keep jobs.
- **Socializing:** We help kids and teens make friends and build good relationships. We also help families talk and solve problems better.
- **Physical and Emotional Well-being:** We help manage stress, anxiety, and emotions. We also promote healthy living and self-care.

WHO WE CAN HELP:

- **Medicaid Only:** CCSS is only covered under Medicaid Insurance.
- **No Substance Use:** We cannot provide services for substance use disorders at this time.
- **No Violence:** Violent offenders will be referred out.
- **School Limits:** We are only in daycares, charter schools and private schools now – not APS.

BENEFITS:

- **Better Behavior:** Up to **40% reduction** in behavioral issues. (Journal of Child Psychology and Psychiatry)
- **Improved School Performance:** **30% better** grades and attendance. (Educational Psychology Review)
- **Lower Stress for Parents:** **25% less** stress and worry. (Family Relaitons)
- **Better Mental Health:** **30% less** anxiety and sadness. (Journal of Mental Health)
- **Stronger Family Bonds:** **25% increase** in positive family interactions. (Family Journal)

WE WORK WITH:

- **Children (2-12)**
- **Teens (13-17)**
- **Adults (18+)**
- **Families (All Ages)**



HOW IT WORKS:

1. Referral:

Start with a referral and complete the necessary paperwork.

2. Assessment:

Identify support needs and create a personalized plan.

3. Service Delivery:

Receive services at home, school, daycare, or in the community.

CONTACT US TODAY

Visit WWW.TCLHNM.COM or call **505.273.6300** to make a referral.



**NEW PATIENT
FORM**



THE COMMUNITY LIGHTHOUSE

Everyone at every age deserves to be happy

OPEN

Monday-Friday • 8-7pm

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